

Training gets boards on board

Simulation training is an effective technique for improving both how health service board meetings function, and the skills and confidence of board members. Find out more below.



"I found the scenarios – although daunting – extremely useful both as a participant and an observer."

THE STUDY

Simulation-Based Training



We tested simulation-based training for improving board members' skills and confidence in communicating effectively in board meetings.

Around Three Themes



Scenarios were based on three themes: 1) asking difficult questions, 2) dealing with pushback, and 3) refocusing the conversation.

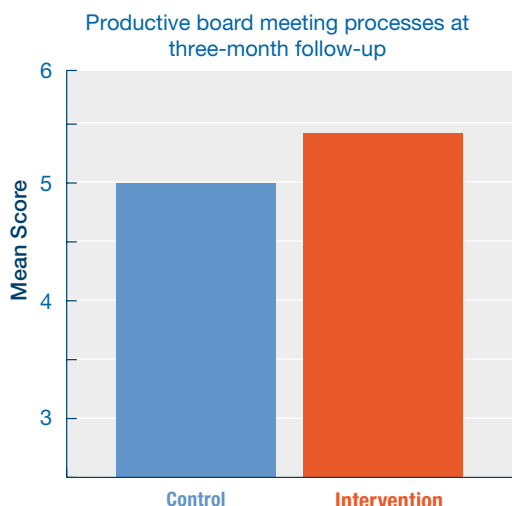
Comparing Two Groups



Twelve health services boards were divided into two groups – one intervention and one control.

THE RESULTS

The training caused a significant improvement in productive board meeting processes and a significant improvement in board members' skills and confidence.



"I have reflected on the training when posing questions at meetings/ approaching issues that I feel need to be discussed."

"In addition to assisting with communication between board members and the CEO, it provided an opportunity to get to know other board members at a deeper level."

"You think about using better word choices before speaking or phrasing questions differently to either get your point across or to find out more information."

"It was very powerful training and each person received some feedback that was pertinent."